
REDIRECTED RAM

Punch | Right hand punch | 9:00

Name:

Redirected: To guide off center

Ram: Right hand punch

Attack:

The Ideal attack requires your opponent be attacking from your left side in a left Fighting Stance. He then steps forward with his right foot as he delivers a right straight punch toward the side of your head.

Movement:

1. Pivot to **Left Cat Stance** (facing 9:00) while executing a **Right Outward Parry** to the opponent's right wrist.
2. **Left Step** toward 9:00 into a **Left Neutral Bow Stance** (behind the opponent's right leg) while executing a **Left Inward Parry** to your opponent's right elbow.
3. Your right hand continues its clockwise circle and delivers a **Right Inward Hammer Fist** to your opponent's solar plexus. **Left Hand Check** at your opponent's right elbow.
4. Execute a **Left Hand Grab** to your opponent's right shoulder and a **Right Hand Grab** to the opponent's belt.
5. Execute a **Left Front Crossover Sweep** toward 1:30 ending in a **Right Rear Twist Stance**. Deliver a **Right Inward Heel Palm Claw** to your opponent's face.
6. Pivot clockwise then execute a **Left Step Back** towards 12:00 and deliver a **Right Spinning Sweep** to your opponent's right leg ending in a **Left Forward Bow Stance** (facing 6:00). Deliver a **Right Outward Back Knuckle** to your opponent's right kidney while you execute a **Left Hand Grab** to your opponent's right shoulder.
7. Execute a **Left Pressing Check** to your opponent's right shoulder and deliver a **Right Vertical Punch** to his solar plexus.
8. Delivers a **Right Front Snap Ball Kick** to your opponent's face.
9. Perform a **Right Front Crossover** and **Cover Out** toward 3:00.