
CLUTCHING FALCON

Grab & Tackle | One-handed grab from the flank | 4:30

Name:

Clutching: Pin the hand

Falcon: One-handed grab from the flank

Attack:

The Ideal attack requires your opponent be attacking you from your right flank (4:30). The opponent is grabbing your right shoulder, and pulling you toward him with his left elbow bent.

Movement:

1. **Right Step Back** toward 4:30 into a **Right Fighting Horse Stance** and deliver a **Right Back Elbow** to your opponent's solar plexus while using a **Left Pinning Check** to your opponent's left hand.
2. **Right Back Hammer Fist** to your opponent's groin.
3. Pivot into a **Right Forward Bow Stance** as you execute a **Right Snapping Obscure Elbow** to the underside of your opponent's chin.
4. Perform a **Right Front Crossover** and **Cover Out** toward 10:30.