
EVADING THUNDER

Kick | Rotational kick | 12:00

Name:

Evading: Moving back to right rear quadrant

Thunder: Rotational kick

Attack:

The Ideal attack requires your opponent starts in front of you, standing in a left fighting stance. He then executes a full-power right roundhouse kick toward your torso.

Movement:

1. Point of origin: **Right Interview Stance** with your arms up.
2. **Left Gauging Step** toward 4:30 into a **Right Neutral Bow Stance** (facing 10:30) as you execute a **Right X-Block** (right hand high) against the inside of your opponent's right kicking leg.
3. **Left Gauging Step** toward 12:00 then a **Right Step Back** toward 12:00 into **Right Reverse Bow Stance** while delivering a **Right Buckle** to your opponent's left leg. Deliver a **Right Back Hammer Fist** to your opponent's groin.
4. Pivot into **Right Forward Bow Stance** (facing 10:30) as you deliver a **Right Obscure Elbow** to your opponent's chin.
5. Perform a **Right Front Crossover** and **Cover Out** toward 4:30.