
CLASHING EAGLES

Grab & Tackle | Two-handed body grab from the front | 12:00

Name:

Clashing: Meet force with force

Eagles: Two-handed body grab from the front

Attack:

The Ideal attack requires that your opponent starts in front of you. They grab you with two hands, at the chest, and pull you toward them.

Movement:

1. **Right Step Forward** toward 12:00 into a **Right Neutral Bow Stance** while you execute a **Left Pinning Check** on top of your opponent's arms at the wrists. Deliver a **Right Uppercut Punch** to your opponent's solar plexus.
2. Have your right hand circle counterclockwise and deliver a **Right Inward Forearm** to your opponent's left elbow and a **Right Thrusting Back Knuckle** across the bridge of your opponent's nose.
3. Deliver a **Right Inward Downward Forearm** to your opponent's forearms then immediately deliver a **Left Horizontal Finger Thrust** to your opponent's eyes.
4. Deliver a **Right Outward Knife Hand** to your opponent's throat.
5. **Shuffle Forward** if needed for range and deliver a **Right Inward Horizontal Elbow** to the left side of your opponent's jaw. At the same time deliver a **Left Inward Horizontal Heel Palm** to the right side of your opponent's jaw.
6. Perform a **Right Front Crossover** and **Cover Out** toward 6:00.