

---

# REDIRECTED RAGE

---

Grab & Tackle | Tackle | 12:00

---

## Name:

---

Redirected: To guide off center

Rage: Tackle

## Attack:

---

The Ideal attack requires that your opponent charges at you from the front, with the intention of tackling you.

## Movement:

1. Point of origin: **Right Interview Stance** with your arms up.
2. **Left Cross Behind** toward 4:30 into a **Right Front Twist Stance** while delivering a **Right Outward Downward Hooking Knife Hand** potentially to your opponent's left arm (keeping your elbow above their arm) and a **Left Downward Knife Hand** to your opponent's left upper arm.
3. Pivot into **Right Neutral Bow Stance** and deliver a **Right Downward Knife Hand** to the back of your opponent's neck.
4. Deliver a **Right Front Snap Ball Kick** to your opponent's left ribcage.
5. **Plant** into a **Right Front Twist Stance** and deliver a **Left Roundhouse Shin Kick** to your opponent's face.
6. **Plant Back** toward 4:30 then perform a **Right Front Crossover** and **Cover Out** toward 4:30.