
COUNTERING OAK

Weapon | Club | 12:00

Name:

Countering: Retaliate, a series of rapid strikes

Oak: Club

Attack:

The Ideal attack requires that your opponent be to your front in a left Fighting Stance. He then steps forward with his right foot, as he delivers a right horizontal roundhouse club attack toward your upper body.

Movement:

1. **Right Step Forward** towards 12:00 into a **Right Neutral Bow Stance**, as you execute a **Left Extended Outward Block** to the inside of your opponent's right arm. At the same time deliver a **Right Vertical Punch** to your opponent's jaw. **Right Knee Positional Check** check to your opponent's right leg.
2. Pivot to a **Right Forward Bow Stance** (facing 12:00) as you execute a **Left Vertical Punch** to your opponent's sternum (tracking over your right arm). At the same time execute a **Right Positional Check** to your opponent's right shoulder or arm.
3. Pivot to a **Right Neutral Bow Stance** (facing 12:00) while delivering a **Right Outward Back Knuckle** to your opponent's right lower ribs or liver. At the same time execute a **Left Positional Check** to your opponent's right shoulder or arm.
4. Perform a **Right Front Crossover** and **Cover Out** toward 7:30.