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# ASCENDING TALONS

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Grab & Tackle | Two-handed grab to the wrists | 12:00

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## Name:

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Ascending: Upward maneuver

Talons: Two-handed grab to the wrist or wrists

## Attack:

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The Ideal attack requires your opponent to be attacking you from the front. Your opponent grabs your left wrist with his right hand, and your right wrist with his left hand. The grabs are to both of your wrists with your opponent's palms facing down.

## Movement:

1. **Chamber Both Hands** by lifting them on the inside the opponents arms, so that they circle over, and on top of, your opponent's wrists (with your palms up).
2. **Left Step Back** into a **Right Neutral Bow Stance** (facing 12:00) then pull your right leg into a **Right Cat Stance**. Continue circling motion of your arms and execute **Two Outward Hooking Parries** (with your palms up) with the intend of pulling your wrists free.
3. Deliver a **Right Front Snap Ball Kick** to your opponent's groin.
4. Plant forward into a **Right Neutral Bow Stance** (facing 12:00) then deliver a **Left Front Snap Ball Kick** to your opponent's chin or chest.
5. While planting your foot, **Shuffle Forward** into a **Left Wide Kneel Stance** (facing 12:00) and deliver **Two Torquing Heel Palm Thrusts** under your opponent's ribcage.
6. Perform a **Left Front Crossover** and **Cover Out** toward 4:30.