
LEVERAGED TALONS

Grab & Tackle | Two-handed grab to the wrists | 12:00

Name:

Leveraged: To use a fulcrum

Talons: Two-handed grab to the wrist or wrists

Attack:

The Ideal attack requires your opponent be in front of you. He attacks by having his right hand grab your left wrist and his left hand grabs your right wrist.

Movement:

1. **Left Step Forward** into a **Left Neutral Bow Stance** (facing 12:00). As you step forward, circle both of your arms clockwise having them travel under, around, and over your opponent's right wrist. This explosive action should continue to circle around then diagonally down toward your right hip.
2. Pivot into a **Left Forward Bow Stance** (facing 12:00). Deliver a **Left Outward Back Knuckle** to your opponent's left temple and a **Right Thrusting Vertical Punch** to his sternum.
3. Deliver a **Right Upward Outward Diagonal Back Knuckle** to your opponent's right temple. Have your **Left Hand Check** and press down against your opponent's right arm.
4. Deliver a **Right Knee** to inside of your opponent's right leg and **Plant Forward** into a **Right Neutral Bow Stance** (facing 12:00) as you deliver a **Right Downward Elbow** to your opponent's upper back.
5. Deliver a **Right Downward Outward Hammer Fist** to your opponent's right kidney.
6. Immediately circle your right arm counterclockwise and deliver a **Right Hammering Forearm** to the right side of your opponent's neck.
7. **Left Cross Behind** towards 3:00 into a **Left Rear Twist Stance** (facing 1:30).
8. **Right Step Back** toward 1:30 into a **Right Reverse Bow Stance** while delivering a **Right Buckle** to the inside of your opponent's left leg. Execute a **Right Pressing Check** to the opponents neck.
9. Perform a **Right Front Crossover** and **Cover Out** toward 7:30.