

---

# CLASHING RAGE

---

Grab & Tackle | Tackle | 12:00

---

## Name:

Clashing: Meet force with force

Rage: Tackle

## Attack:

The Ideal attack requires that your opponent charges in from the front, with the intention of tackling you. You have enough time and distance to engage the opponent by moving towards them.

## Movement:

1. Point of origin: **Right Interview Stance** with your arms up.
2. **Left Step Forward** towards 10:30 into a **Left Transitional Neutral Bow Stance** then deliver a **Right Knee** to your opponent's solar plexus while delivering a **Right Uppercut Punch** to the right side of your opponent's face. **Left Positional Check** to the right side of your opponent's head.
3. **Plant Back** towards 6:00 into a **Left Transitional Neutral Bow Stance** as you deliver a **Right Downward Elbow** to the upper spine of your opponent.
4. Pivot in to a **Left Reverse Close Kneel Stance** delivering a **Left Inward Overhead Downward Elbow** to the upper spine of your opponent. Your left arm continues to move clockwise ending in a **Left Hand Grab** to your opponent's face.
5. **Left Step Back** towards 6:00 into a **Right Front Twist Stance** as you execute a **Left Hand Pull** employing a fulcrum to turn your opponent's head up.
6. Pivot into a **Right Neutral Bow Stance** (facing 12:00) as you deliver a **Right Inward Elbow** to your opponent's face.
7. Pivot into a **Right Reverse Bow Stance** (facing 12:00) as you deliver a **Right Back Hammer Fist** to your opponent's groin.
8. Deliver a **Right Rear Lifting Heal Kick** to your opponent's groin.
9. **Right Front Crossover** and **Cover Out** toward 6:00.