

拳法空手

AIK

龍虎精神

2023

SATURDAY, DECEMBER 9TH

WINTER TRAINING CAMP

I, THE UNDERSIGNED, DO VOLUNTARILY SUBMIT MY APPLICATION FOR ATTENDANCE AND PARTICIPATION IN THE MARTIAL ARTS INSTRUCTION AND ACTIVITIES RELATED TO THAT INSTRUCTION AT ANY OF THE AMERICAN INSTITUTE OF KENPO FACILITIES.

I DO HEREBY ASSUME FULL RESPONSIBILITY FOR ANY AND ALL DAMAGES, INJURIES, OR LOSSES THAT I MAY SUSTAIN OR INCUR, IF ANY, WHILE ATTENDING OR PARTICIPATING IN ANY ACTIVITIES SPONSORED, WHOLE OR IN PART, BY THE AMERICAN INSTITUTE OF KENPO. I HEREBY WAIVE ALL CLAIMS AGAINST THE PROMOTER, OPERATOR, OR SPONSORS OF ANY OF THE ABOVE ACTIVITIES, FOR ANY CLAIM FOR INJURIES THAT I MAY SUSTAIN.

I FULLY UNDERSTAND THAT ANY MEDICAL TREATMENT GIVEN TO ME WILL BE FIRST-AID TYPE TREATMENT ONLY.

I FURTHER CONSENT THAT ANY PICTURES FURNISHED BY ME OR ANY PICTURES TAKEN OF ME IN CONNECTION WITH ANY THE AMERICAN INSTITUTE OF KENPO ACTIVITIES CAN BE USED FOR PUBLICITY, PROMOTION OR TELEVISION SHOWING, AND I WAIVE COMPENSATION IN REGARD THEREOF.

IF UNDER THE AGE OF 18, THIS RELEASE AND CONSENT TO, ALSO MUST BE SIGNED BY PARENT OR GUARDIAN.

Participant's Name: _____

(Participant's)

Age: _____ Signature: _____

Guardian/Emergency Name: _____

(Guardian/Emergency)

(Guardian)

Phone: _____ Signature: _____

CAMP REGISTRATION

Amount	Program
[] \$100.00	Senior Ranks
[] \$50.00	Junior Ranks

CAMP SHIRTS \$40^{each}

Quantity	Size
_____	Child Small
_____	Child Medium
_____	Child Large
_____	Adult Small
_____	Adult Medium
_____	Adult Large
_____	Adult X-Large
_____	Adult XX-Large
_____	Adult XXX-Large

Shirts must be ordered prior to:
November 1st, 2023

PAYMENTS

All payments must be processed
through AIK 520-744-9004

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**9th Degree - Master
Allen Henderson**

Mr. Henderson, the senior most student of the late Grand Master "Sigung" Stephen LaBounty, has 43 years of Kenpo training experience.

He is a strong proponent of the "Rough N' Tumble" tradition and training the the La Bounty lineage is know for.

Master Henderson will be exploring the importance of hand speed and foot work in relation to realistic situational response.

**Seminar Requirements
Sparring Equipment/Gear**

Senior Ranks Seminar
9:00am-12:00pm

Junior Ranks Seminar
2:00pm-3:00pm

Itinerary Is Subject To Change without Notification

**6th Degree - Professor
Glenn "Scooter" Karnofsky**

Mr. Karnofsky has been training in Kenpo for 43 consecutive years with intensive focus on fighting and self-defense skills.

Mr. Karnofsky was a core student to Grand Master "Sigung" LaBounty for over 32 years up until his passing. Through Sigung, Professor Karnofsky learned the importance of hands on realism that begins in the dojo where sensible training drills and skill development are critical to success in self-defense situations.

Professor Karnofsky lives with his wife of 34 years in Lake Tahoe California where he is the owner and CEO of Dojo Toys Target Systems. Dojo Toys manufactures less lethal targets and stands for the military and law enforcement industry. Mr. Karnofsky holds a U.S. Patent for one of his target designs and has another patent pending for approval in 2023.

Training and teaching out of Reno, NV under Master Alan Henderson and his private students on the north shore of Lake Tahoe, CA, Mr. Karnofsky has directed his attention to studying the specific moments before a conflict ignites. Breaking down the triggers, body movements, positions and weapons used in an attack to craft and practice dependable responses.

Professor Karnofsky's winter seminar will be on the "Street Blitz" attack. During his seminar he will dissect specific attacks and their limits while analyzing various responses and their limits. Mr. Karnofsky will challenge those participating to examine their thought process, build strategies for conflict through the use of scenario response training.